



# LAND OF THE THUNDER DRAGON

## 7D6N-BHUTAN+B'KOK

### BANGKOK~PARO~THIMPHU~PUNAKHA



VALID FROM 01 MAR ~ 30 JUN 2012 // DAILY DEPARTURE : MIN 2 PSN

**DAY 01 KUALA LUMPUR ~ BANGKOK (EXCLUDE AIR TICKET) (NO MEALS)**  
 Depart for your flight to Bangkok. Meet upon arrival and transfer to your hotel.  
**Hotel: 4\* Pullam / Asia Hotel or similar**

**DAY 02 BANGKOK (DrukAir) ~ PARO (EXCLUDE AIR TICKET) ~ THIMPHU (B/L/D)**  
 After an early breakfast, transfer to **Bangkok Airport** for your flight (DRUKAIR) to **PARO**. The first gift from Bhutan will be the cool, clean fresh air as you step out of the plane. After customs and visa control you will be met by your guide and a short drive to Paro town for your lunch and followed by visiting **To Dzong**, Bhutan's **National Museum** that showcases the country's historical and cultural artifacts. After that, depart for **Thimphu**, the modern capital of Bhutan with its population of about 98,500 and is made up of just three lines of shops. It is the only capital in the world without traffic lights.  
**Estimate driving time : 1 Hour 10 Mins Altitude at two**  
**Hotel : Phuntsho Pelri Hotel / Kisa Hotel or similar.**

**DAY 03 THIMPHU SIGHTSEEING (B/L/D)**  
 To-day's full day tour includes visit to : **National Library** - it holds a vast collection of ancient Buddhist texts, manuscripts, modern academic books and printing blocks for prayer flags, **Textile & Folk Heritage Museum** - a fascinating testimony of Bhutan's living traditions, **Memorial Chorten** - the beautiful stupa built in the memory of Bhutan's third King. The paintings and statues inside the monument provide a deep insight into Buddhist philosophy. **Trashichhodzong** - the beautiful fortress/monastery which houses Secretariate building, King's Throne room and government's offices. It is also the summer residence of Chief Abbot. Handicraft Emporium : It display wide assortment of beautiful handwoven and crafted products.  
**Hotel : Phuntsho Pelri Hotel // Kisa Hotel or similar.**

**DAY 04 THIMPHU ~ WANGDUE PHODRANG ~ PUNAKHA (B/L/D)**  
 After breakfast, proceed to visit **Bhutanese Handmade paper factory**, **Zilukha Nunnery** and **Motithang Mini Zoo** before continue to **Wangdue Phodrang** - a little town with few well provisioned shops. The valley provide rich pastureland for cattle and is famous for its fine bamboo work, stone carving. Later, continue on to stop by **Dochula Pass** (3100 m) to view Himalayan mountain ranges and **Druk Wangal Chortens** - with 108 stupas built by the Queen. After that, descend along a series of hairpin bends to the fertile valley of Punakha to check-in your hotel.  
**Estimate driving time : 3 Hours 45 Mins Altitude at Punakha : 1300 m / 4265 ft.**  
**Hotel : Meri Puensum Resort Hotel // Zangtoperri Hotel OR similar.**

**DAY 05 PUNAKHA ~ THIMPHU ~ PARO (B/L/D)**  
**Punakha** was the capital of Bhutan until 1955 and still serves as the winter residence of the monk body. Morning visit **Punakha Dzong**, a massive structure at the junction of two rivers. After lunch, proceed to Paro via Thimphu en route to visit the **Weekly Outdoor Market**, where the locals goes to buy fruits, vegetables and other daily needs. The crowded stalls offer many colorful local items : yak tail dusters butter tea cups, turquoise and musical instruments from Nepal and Tibet. Later, continue on to Paro.  
**Estimate driving time : 5 Hours 10 Mins. Altitude at Paro : 2300 m / 7590 ft.**  
**Hotel : Olathang Hotel or similar.**

**DAY 06 PARO ~ TAKSANG MONASTERY ~ PARO (B/L/D)**  
 This morning, drive beyond **Satsang Chorten** to hike up to **Taksang Monastery** (Tiger's Nest) that hangs on a cliff at 3,120 metres (10,200 feet), some 900 meters above the Paro valley.  
**\*The hike up takes to 3 to 4 hours by foot. Optional horse ride to Monastery at US\$15 per person\***  
 This monastery is one of today's pilgrimage site where Guru Rinpoche landed on the back of a tigress in the 8th century. In the afternoon, visit a **farm house** to experience the life style of the locals. After that, continue drive the winding road to the **Drukgyal Szong**, the ruin fort which was once defended this valley from Tibetan invasions. On your back to visit **Kyichu Lhakhang**, the oldest and most sacred shrine in Bhutan built in the 7th century.  
**Hotel : Olathang Hotel or similar.**

**DAY 07 PARO - BANGKOK ~ KUALA LUMPUR (EXCLUDE AIR TICKET) (B)**  
 After breakfast, you are free until time to transfer to airport to board your flight (Druk Air) to Bangkok to connect flight to Kuala Lumpur. (\*Suggest to book flight dep BKK after 7.00 pm)

TOUR PRICES PER PERSON - RM			Tour prices INCLUDE :
SINGLE	TWIN	TRIPLE	
4,599	4,199	3,899	1. Items as specified in above itinerary include transfers, sightseeing, meals, museum and entrance fees where applicable. 2. Hotel stay in Bangkok (1N - 4*) and Bhutan (5N - Normal Tourist Standard). 3. Services of English speaking experienced guide in Bhutan.
HOTEL EXTENSION - BANGKOK P/PSN/NITE + ABF (PULLMAN / ASIA)			
SINGLE	TWIN	TRIPLE	Tour prices EXCLUDE :
380	200	180	1. All air faress, airport taxes, airlines insurance and fuel surcharges. 2. Visa fee, tipping to local guide in Bhutan. 3. Items not mentioned in above conditions.
***NOTE***			<b>BOOKING TERMS &amp; CONDITIONS</b> <span style="float: right;">Up Date : 28 FEB '12</span>
*Minimum 4 weeks advance booking in advance is required. *NO REFUND for not partake in meals, hotel stay and other activities.			
			1. RM500 per person deposit must be paid upon booking. 2. FULL PAYMENT to be made upon tour confirmation.

# 7D6N-BHUTAN+BKK LAND OF THE THUNDER DRAGON



MAP OF BHUTAN	TAK SANG MONASTERY, PARO	PARO VALLEY
		
THIMPHU - Capital of Bhutan	PUNAKHA DZONG	DOCHULA PASS & DRUK WANGAL CHORTENS

## IMPORTANT INFORMATION

Up Date : 28 FEB 2012

### VISA APPLICATION

Visa applications for Bhutan take up to minimum 4 weeks to process. **One colour copy of passport and photo** are required. Application form, available from Inter-net and to be processed through authorised agent by e-mail. As soon as you have decided on an itinerary and have made payment for your trip, we will be able to assist your application to obtain visa to Bhutan. The current visa fee is US\$30 (include Adm fee) per passport.

### BANGKOK ~ PARO ~ BANGKOK FLIGHT INFORMATION - DRUK AIR

VALID FROM 01 OCT TO 14 MAY 2012 - SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

*ONE FLIGHT PER DAY	BANGKOK DEPARTURE PARO ARRIVAL	DEP : Between 0650 to 0720 ARR : Between 0930 to 1100	*1 STOPOVER in India or Dakka *Total 4 hours including stopover
*ONE FLIGHT PER DAY	PARO DEPARTURE BANGKOK ARRIVAL	DEP : Between 1100 to 1200 ARR : Between 1600 to 1730	*1 STOPOVER in India or Dakka *Total 4 hours including stopover
<b>*** Ensure to book flight depart BANGKOK after 1930 for your same day connecting flight to Kuala Lumpur</b>			

1. PARO is the only airport in Bhutan.
2. Estimated current airfare is **US\$920 per person** inclusive of airport tax, airlines fuel surcharges.
3. Flight booking are only acceptable after obtaining visa.
4. CHANGE OF NAME / DATE are not allowed and NO REFUND after ticket issue

### GENERAL INFORMATIONS

1. There are no star categorized hotels in Bhutan but all the hotels are approved by our Dept. Of Tourism and maintains a good standard of cleanliness and services. So please don't expect the standard of the hotels to be similar to the hotels in other developed countries. All the hotels have private bathroom attached with hot water and heating systems when required.
2. In Bhutan there is no credit card, visa card and foreign currency ATM card facilities so all tour payments should be made through wire transfer to our bank address prior to arrival.
3. For personal expenditures and shopping after the arrival in Bhutan, clients can either use dollars or the local currency (can exchange it either from the hotels if available or from the banks).

### CULTURAL TIPS

1. Respect the local culture and costumes.
2. Dress modestly; wear clothes which cover the body at least from chest to knee while hiking.
3. Take off your shoes while visiting religious places such as temples or monasteries. If you want to enter a temple (lhakhang) or monastery, wear long sleeves, long pants or a skirt and remove your hat.
4. Always walk in a clockwise direction while visiting religious places such as temples or monasteries, or around prayer flags.
5. Don't drink alcohol and don't smoke while visiting religious places (lhakhang, Chorten etc).
6. Photography and filming inside a temple is not allowed.
7. Ask permission before taking pictures of local people or places.
8. Discourage begging. Don't give money or candy to local children. It will encourage them to beg whenever they see foreigners. Instead you may leave small donations to schools or the village development fund so that the money can be used to benefit the whole community.
9. And please, give necessary comments and good suggestions to the local people/committees to improve their campsite, and other services.

**Apple Flexi**  
HOLIDAY

**APPLE FLEXI HOLIDAY SDN. BHD.**

Formerly known as Taurus Holiday Sdn. Bhd. (ROC 679304-T) (KPL 5187)

3rd Floor, Wisma Mode Circle, No.57-59, Jalan Bukit Bintang, 50250 Kuala Lumpur, Malaysia

F +603 - 2143 8876 E enquiry@appleflexi.com

**+603 - 2143 8877**